



Medical breakthroughs continue to push the envelope for what's possible. New discoveries are helping professionals learn how certain health conditions can be treated.

By analyzing a person's genetics, specific therapies can be recommended that may work well for an individual. This is known as personalized medicine.

By pinpointing the effects of drug interactions with specific genes, pharmacists, assisted by computer modeling, can tell which medication might be most suitable for a patient.

So, what does this mean?

Sometimes it takes several different medications to find the right one for a patient – a frustrating process that can take weeks or even months.

The economic impact of absenteeism is also significant. Roughly 30 of every 1,000 employees miss work each week due to mental health issues.

Personalized medicine aims to shorten the time it takes for a patient to find the right medication.

If you are in search of treatment, the first course of action is to speak with your doctor. Your advisor can also help clarify if your group benefits plan offers some level of coverage for pharmacogenetic testing – the basis of personalized medicine.

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