

Solutions

Health and dental insurance explained.

It's estimated that one in three Canadians is self-employed. If you're part of this group, supplemental health and dental insurance may be something you want to consider.

What exactly is supplemental insurance?

Think of it as coverage for all of those things that provincial healthcare may not cover, such as prescription drugs, dental and vision care, physiotherapy, emergency travel healthcare and more.

Supplemental healthcare plans are often customizable, allowing you to pick the type and amount of coverage that works for you. You can also take steps to add more coverage that's important to you.

Choosing the right kind of plan is essential. Think about your budget, lifestyle and any pre-existing conditions that should be covered.

Health and dental insurance can be an effective and affordable tool that can help reduce out-of-pocket expenses. Your advisor can help you choose a plan that works for you and your family.



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